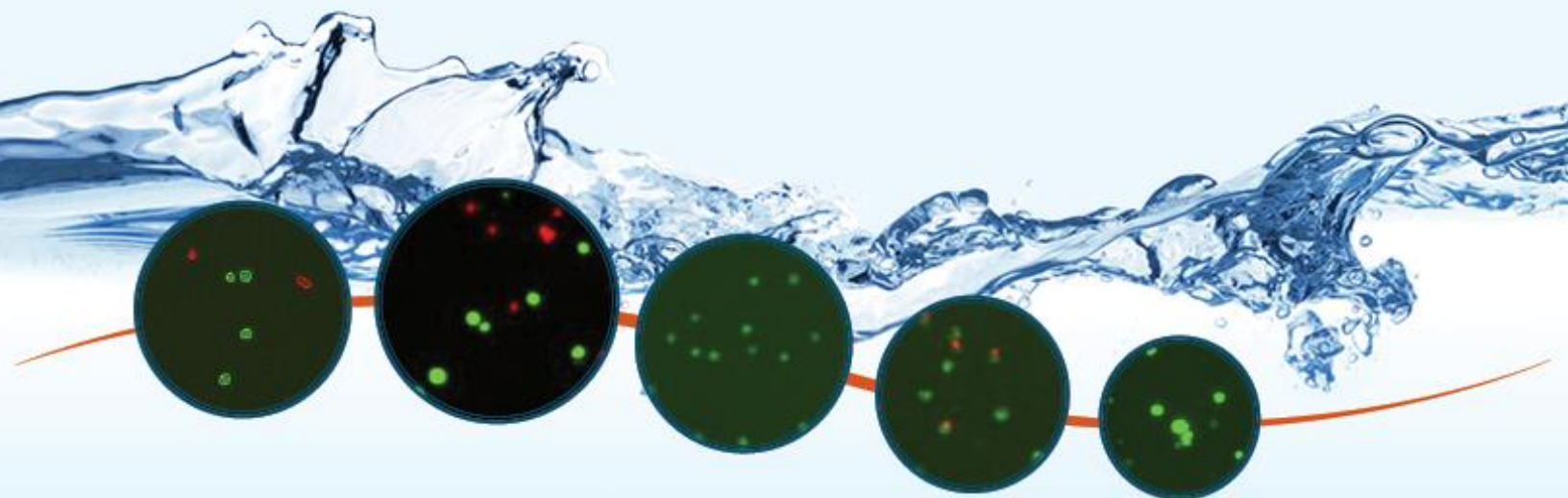
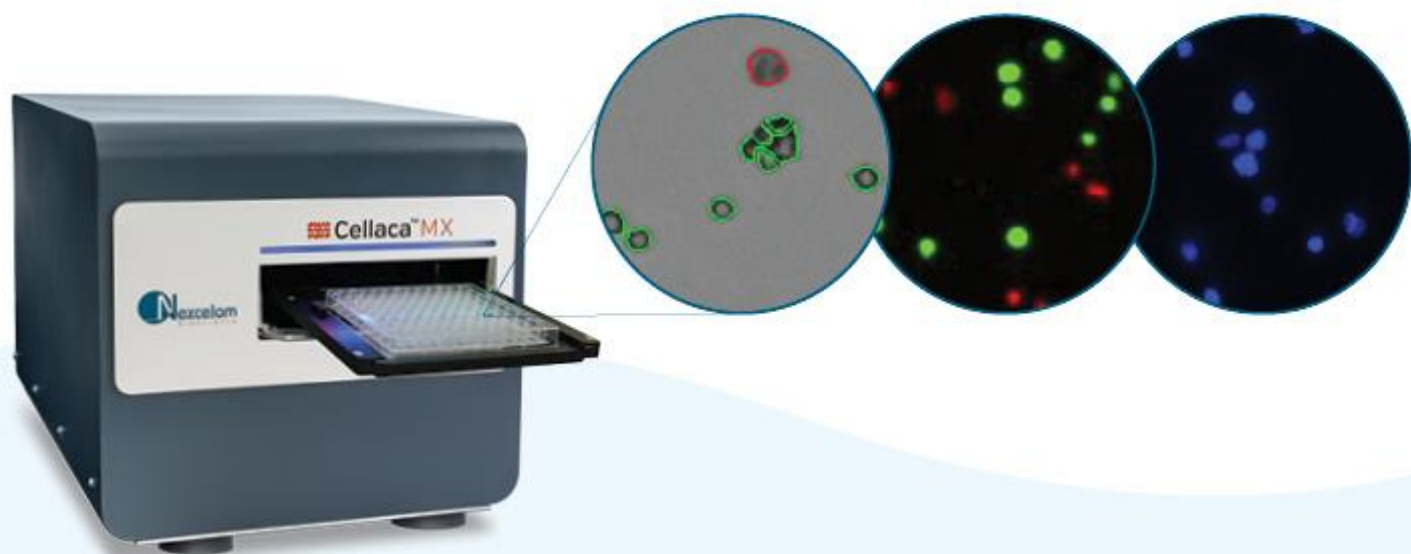


Cellaca™ MX

ViaStain™ Cell Fitness Panel for Cellaca

Product Number: CSK-V0024-1



This product is for RESEARCH USE ONLY and is not approved for diagnostic or therapeutic use

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Description

Cell Fitness Panel Kit is designed for researchers interested in acquiring data on cell sample quality/health during of product development or manufacturing. Many samples, in cellular therapy, immunotherapy, and cell line development, are by their nature are unique and precious. Patient derived primary samples are often comprised of a heterogeneous cell population and display a wide range of physiological behaviors. Whether these samples underwent a freeze/thaw cycle, or cell isolation procedure, or have been cultured within a bioreactor for an extended period of time, the Cell Fitness Panel is used to assess not only the wellbeing of cell samples but also offer potential insights into samples with low or crashing viabilities. It consists of five individual tests to assess viability, vitality, mid and late stage apoptosis, and reactive oxidative stress.

Materials

Materials Supplied

The kit contains enough reagents to perform 25 individual test for each assay category

Assay	Reagent	Component	Amount	Storage
Viability	AO/PI	A	1.2 mL	4°C
Enzymatic Activity	Calcein AM	B	13 µL	-20°C
	Propidium iodide	C	130 µL	-20°C
Mid-Stage Apoptosis	AnnexinV	D	130 µL	4°C
	PI	E	130 µL	4°C
	AnnexinV Buffer	F	2.5 mL	4°C
Late-State Apoptosis	Caspase3	G	7 µL	4°C
Oxidative Stress	Reactive Oxygen Species (ROS)	H	1 Vial	-20°C
	ROS Buffer	I	20 mL	-20°C
	DMSO	J	200 µL	-20°C

Materials Required

1. Micro centrifuge tubes
2. Pipettes
3. Cellca plates
4. Cellca MX instrument

Procedures

AO/PI Viability Assay

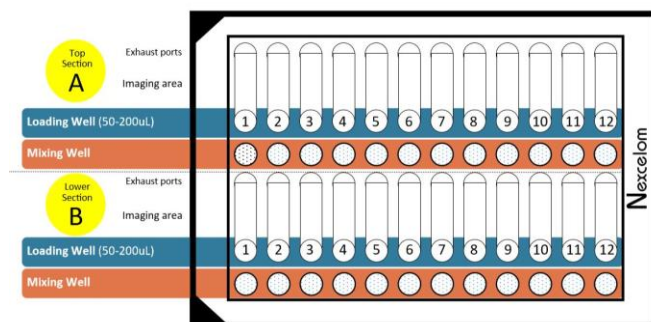
Assay	Reagent	Component	Amount	Storage
Viability	AO/PI	A	1.2 mL	4°C

1. Description of Assay

The ViaStain™ AOPI Staining Solution in PBS enables the user to quantitatively distinguish live and dead nucleated cells from a variety of primary mammalian cell samples, even in the presence of a high background of non-lysed red blood cells, platelets and/or debris using the Cellaca MX. This formulation has been optimized to work with whole blood, peripheral blood mononuclear cells (PBMC), bone marrow, splenocytes, thymocytes, lymph node and hepatocytes but also works in various other digested tissues and cultured cell lines. The solution contains a combination of the green fluorescent nucleic acid stain, acridine orange, and the red-fluorescent nucleic acid stain, propidium iodide. Propidium iodide is a membrane exclusion dye that only enters cells with compromised membranes while acridine orange penetrates all cells in a population. When both dyes are present in the nucleus, propidium iodide causes a reduction in acridine orange fluorescence by fluorescence resonance energy transfer (FRET). As a result, nucleated cells with intact membranes stain fluorescent green and are counted as live, whereas nucleated cells with compromised membranes only stain fluorescent red and are counted as dead when using the Cellaca MX. Non-nucleated material such as red blood cells, platelets and debris do not fluoresce and are ignored by the Cellaca software.

2. Experimental Protocol

1. Using a single-channel or a multi-channel pipette add 50 µl of AOPI into the mixing well
2. Add 50 µl of your sample into the mixing well
3. Pipette up and down a few times to mix the dye with sample
4. Pipette 50 µl of the sample from the mixing well into the loading well of the Cellaca plate
5. Insert plate into the Cellaca instrument with A1 in the top left corner when loaded
6. Select the appropriate assay type for AOPI viability measurement
7. Preview bright field and fluorescent images
 - a. Focus your sample (if necessary)
8. Count



Calcein AM/PI Enzymatic Activity Assay

Assay	Reagent	Component	Amount	Storage
Enzymatic Activity	Calcein AM	B	13 µL	-20°C
	Propidium iodide	C	130 µL	-20°C

1. Description of Assay

Calcein AM (Calcein acetoxymethyl ester) is a cell permeable, non-fluorescent compound. Upon crossing the cell membrane, calcein AM is rapidly hydrolyzed by cellular esterases inside live cells. The hydrolysis cleaves the AM group, converting the non-fluorescent calcein AM to a strongly green fluorescing calcein. The more hydrophilic calcein is trapped inside the cell (1). Cells that do not possess active cytoplasmic esterases are unable to convert calcein AM to calcein, and therefore do not fluoresce green. This allows for a quick and easy detection of metabolically-active cells in a sample. Stains such as propidium iodide (PI), 7-AAD, and ethidium bromide (EB), are membrane exclusion dyes that are frequently used to stain non-viable nucleated cells with compromised membranes. Acridine orange freely diffuses across the cell membrane and stains DNA in all nucleated cells. When AO and PI are combined it is possible to determine % viability for nucleated cells. When calcein AM is used in conjunction with PI, it is possible to determine % vitality / viability based on the number of metabolically-active (green fluorescent) and non-viable (red fluorescent) cells in a sample. Since calcein AM does not require DNA binding, it stains all metabolically-active cells and can be used to measure metabolic activity in non-nucleated cells, such as platelets (4). Because calcein AM is photostable, shows low cytotoxicity, does not affect cellular functions, and requires cellular esterases for conversion to green fluorescing calcein, it is a popular stain for the examination of cell vitality and viability. (1,2,3).

1. Braut-Boucher, F. et al. Journal of Immunological Methods. Vol. 178, Issue 41 (1995).
2. Luc S. De Clerck. et al. Journal of Immunological Methods. Vol. 172, Issue 1, (1994).
3. Parish, CR. Immunology and Cell Biology. Vol. 77 (1999)
4. Verheul , HW. et al. Blood. Vol. 96 No. 13 (2000)

2. Experimental Protocol

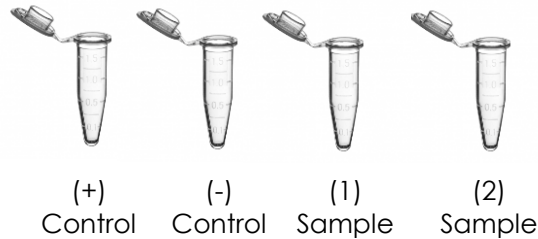
3. Prepare calcein AM Working Solution

Note: Calcein AM working solution is stable up to 3 hrs

1. Pipette 2 μl Calcein-AM (Component B) into 18 μl of dH₂O. This is now calcein-AM working solution.
 - a. Mix by pipetting up and down at least 15 times or vortex.

4. Staining Procedure

1. Into four new tubes, pipette 40 μl of cells at a concentration of 2×10^6 cells/mL



2. Add 5 μl of Calcein-AM working solution and 5 μl of PI Staining Solution (Component C) to 40 μl of cell sample.
3. Gently pipette the sample up and down ten times, then incubate for 20 min at 37°C in the dark.
4. After the 20 minute incubation, the sample is ready for analysis.
5. Gently mix the cell sample by pipetting up and down at least ten times
6. Pipette 50 μl of the sample into the loading well of the Cellaca plate
7. Insert plate into the Cellaca instrument with A1 in the top left corner when loaded
8. Select the appropriate assay type for calcein AM/PI vitality measurement
 - a. Verify that the dilution factor is set to 1.25
9. Preview bright field and fluorescent images
10. Count

5. Generation of a Negative control

1. Heat kill cells by boiling them for 10 minutes
2. After cooling either mix the live and heat cells at a desired ratio or run the negative control separately

Note: If running the negative control sample by itself. Confirm that the software is set to focus in the bright field channel or FL2 (the PI channel) since there will not be a signal in the green calcein AM, FL1 channel for the instrument to focus on.

AnnexinV/PI Mid-Stage Apoptosis Assay

Assay	Reagent	Component	Amount	Storage
Mid-Stage Apoptosis	AnnexinV	D	130 µL	4°C
	PI	E	130 µL	4°C
	AnnexinV Buffer	F	2.5 mL	4°C

1. Description of Assay

Apoptosis, or *programmed cell death*, is a natural process of cellular self-destruction. Apoptosis is a part of routine cell turnover and tissue homeostasis, prevalent in epithelial cells, erythrocytes, and other cell types genetically programmed to have a limited life span. It is also important in embryogenesis, maintenance of immune tolerance, and development of the nervous system. Apoptosis can be induced either by a stimulus, such as irradiation or toxic drugs, or by removal of a repressor agent. The cells disintegrate into membrane-bound particles that are then eliminated by phagocytosis. Problems with the regulation of apoptosis are thought to be linked to many cancers, degenerative diseases, and autoimmune diseases, making apoptosis a key target in many fields of clinical research.

Necrosis is the death of cells or tissues from severe injury or disease, especially in a localized area of the body. Causes of necrosis include inadequate blood supply (as in infarcted tissue), bacterial infection, traumatic injury, and hyperthermia.

Annexin V and propidium iodide are used to measure apoptosis and necrosis. Annexin V is a member of the annexin family of intracellular proteins that binds to phosphatidylserine (PS) in a calcium-dependent manner. PS is normally only found on the intracellular leaflet of the plasma membrane in healthy cells, but during early apoptosis, PS translocates to the external leaflet. Fluorochrome-labeled Annexin V can then be used to specifically target and identify the PS on the surface of apoptotic cells. Annexin V binding alone cannot differentiate between apoptotic and necrotic cells. Propidium Iodide (PI) solution is a membrane-exclusion dye that permeates cells with compromised cell membranes and binds to DNA. Early apoptotic and healthy cells with intact membranes will exclude PI, while late stage apoptotic and necrotic cells with compromised membranes are stained. Use of both Annexin V-FITC and PI allows researchers to characterize a cell population based on % normal, % apoptotic, and % necrotic /very late-stage apoptotic cells.

2. Experimental Protocol

3. Generation of a Positive Control

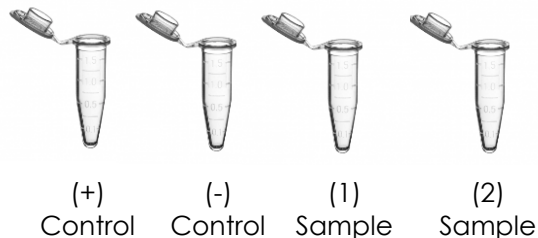
1. A positive control may be generated by exposing cells to an apoptosis inducing pharmacological agents such as α -TOS and etoposide. For Cellaca MX examples, Jurkat cells were incubated overnight with 10 μ M α -TOS.
2. A negative control (untreated cells) should be tested to determine baseline cell concentration, % viability, and % apoptotic cells.

Note: Positive and negative controls should be processed at the same time using the staining and data acquisition procedures outlined below.

4. Staining Procedure

1. Into four new tubes, pipette 100 μ l of cells at a concentration of $\sim 1\text{-}2 \times 10^6$ cells/mL
2. Spin down cell sample at 200 - 400 x g ($\sim 1,000$ to 2,000 rpm) for 5 minutes
 - a. Carefully aspirate medium from the tubes

Note: Take care not to aspirate off cells.



3. Resuspend each tube of cells in 40 μ l of Annexin V Binding Buffer (Component F). Mix by pipetting up and down at least 10 times.
4. Add 5 μ l of Annexin V-FITC (Component D) to each tube
5. Add 5 μ l of PI solution (Component E) to each tube
6. Gently pipette the cells up and down ten times, then incubate for 15 min at RT (25°C) in the dark.
7. Add 200 μ l of 1x PBS to the sample and spin down the cell sample at 200 - 400 x g ($\sim 1,000$ to 2,000 rpm) for 5 minutes.
8. Carefully aspirate off the medium.

Note: Take care not to aspirate off cells. It's ok if several microliters remain in the bottom

9. Resuspend cell pellet in 50 μ l of Annexin V Binding Buffer (Component F)
10. Mix by pipetting up and down ten times
11. Pipette 50 μ l of the sample into the loading well of the Cellaca plate
12. Insert plate into the Cellaca instrument with A1 is in the top left corner when loaded
13. Select the appropriate assay type for AnnexinV/PI apoptosis assay
14. Preview bright field and fluorescent images
15. Count

Caspase3/7 Late-Stage Apoptosis Assay

Assay	Reagent	Component	Amount	Storage
Late-State Apoptosis	Caspase3	G	7 μ L	4°C

1. Description of Assay

The reagent (NucView™) consists of a nucleic acid-binding dye with a fluorescent probe that is attached to a four-amino acid peptide sequence DEVD (Asp-Glu-Val-Asp) forming a cell membrane-permeable DEVD-DNA complex. While the nucleic-acid dye is linked to the DEVD peptide sequence, the dye is unable to bind to DNA and remains non-fluorescent. During apoptosis, caspase 3/7 proteins cleave the DEVD-DNA dye complex and thereby release the high-affinity DNA dye, which translocates to the nucleus and binds to the DNA, producing a bright green fluorescent signal.

2. Experimental Protocol

3. Generation of a Positive Control

1. A positive control may be generated by exposing cells to an apoptosis inducing pharmacological agents such as α -TOS and etoposide. For Cellaca examples, Jurkat cells were incubated overnight with 20 μ M α -TOS.

4. Stain and Read, Kinetic Measurement Protocol

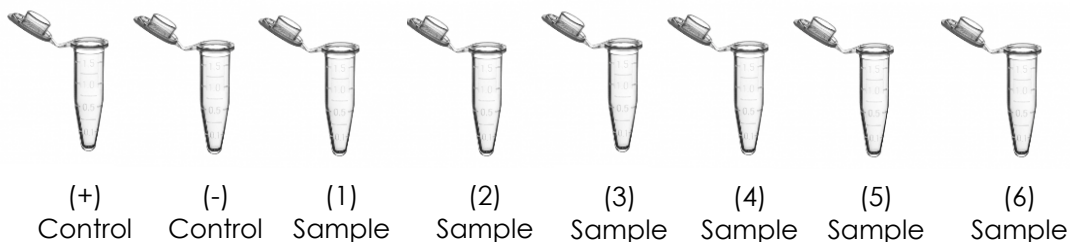
1. Into a new tube, pipette 398 μ l of cells that are at a concentration of $2-3 \times 10^6$ cells/ml
2. Add 2 μ l of Caspase 3 (Component G) to the cells.
3. Incubate for 30 mins at 37°C

Note: For kinetic live cell analysis, allow the cells to continue to incubate and read at desired time points. At 50 μ l/well, there is enough volume to maximum capture 8 time points

4. Mix by pipetting up and down ten times
5. Pipette 50 μ l of the sample into the loading well of the Cellaca plate
6. Insert plate into the Cellaca instrument with A1 is in the top left corner when loaded
7. Select the appropriate assay type for Caspase3/7 apoptosis assay
8. Preview bright field and fluorescent images
9. Count

5. Multi-Sample Experimental Protocol

1. Prepare Caspase3 working solution by adding 2 μ l of Caspase 3 (Component G) to 100 μ l of 1x PBS
2. Into 8 new tubes, pipette 38 μ l of cells/tube at a concentration of 2×10^6 cells/mL



3. To each tube add 12.5 μ l of Caspase 3 working solution
4. Incubate for 30 mins at 37°C
5. Mix by pipetting up and down ten times
6. Pipette 50 μ l of the sample into the loading well of the Cellaca plate
7. Insert plate into the Cellaca instrument with A1 is in the top left corner when loaded
8. Select the appropriate assay type for Caspase3/7 apoptosis assay
9. Preview bright field and fluorescent images
10. Count

Reactive Oxygen Species (ROS) Oxidative Stress Assay

Assay	Reagent	Component	Amount	Storage
Oxidative Stress	Reactive Oxygen Species (ROS)	H	1 Vial	-20°C
	ROS Buffer	I	20 mL	-20°C
	DMSO	J	200 µL	-20°C

1. Description of Assay:

Reactive oxygen species (ROS) are natural byproducts of the normal metabolism of oxygen and play important roles in cell signaling. However, during oxidative stress-related states, ROS levels can increase dramatically. The accumulation of ROS results in significant damage to cell structures. The role of oxidative stress in cardiovascular disease, diabetes, osteoporosis, stroke, inflammatory diseases, a number of neurodegenerative diseases and cancer has been well established. The ROS measurement will help to determine how oxidative stress modulates varied intracellular pathways. The ROS Assay Kit uses our unique ROS sensor to quantify ROS in live cells. ROS Green is cell-permeable. It generates the green fluorescence when it reacts with ROS. The kit is an optimized "mix and read" assay format, without a washing step.

2. Prepare ROS Green Stock Solution:

1. To Total ROS Green (Component H) add 65 μL of DMSO (Component J) to produce **stock solution**
2. Mix well, protect from light and store at $-20\text{ }^{\circ}\text{C}$

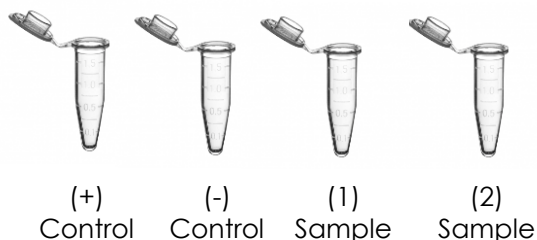
Note: All unused stock solutions should be divided into one or two-use aliquots and stored at $-20\text{ }^{\circ}\text{C}$ after preparation. Avoid repeated freeze/thaw cycles. We recommend aliquoting 5 μL per tube in order to avoid repeated freeze/thaw cycles.

3. Multi-Sample Experimental Protocol:

1. Add 2 μL of Total ROS Green stock solution (from step 2.1) into 600 μL of ROS buffer (component I). This is your ROS **working solution**

Note: Working solution is stable for 2 hrs at room temperature

2. Obtain 4 small empty centrifuge tubes
3. Obtain 600 μL of cells at 2×10^6 cells/ml
4. Aliquot 150 μL of cells per each empty tube



5. Centrifuge all four tubes for 5 minutes at 1200 rpm.
6. Decant media from each tube
7. Resuspend cells in 150 μL in ROS working solution from step 1.
8. Incubate for 1 hr at 37°C
9. After 1 hr incubation treat cells with desired compound(s) or move to step 11
 - a. For negative control, add equal volume of 1x PBS
 - b. For positive control, add 5.3 μL of 2.9 mM TBHP. See Section 4 for detail
10. Incubate/treat cells for an appropriate amount of time
 - a. If using TBHP from step 9b, incubate for 30 minutes at 37°C
11. After incubation, mix by pipetting up and down ten times
12. Pipette 50 μL of the sample into the loading well of the Cellaca plate
13. Insert plate into the Cellaca instrument with A1 is in the top left corner when loaded
14. Select the appropriate assay type for ROS assay
15. Preview bright field and fluorescent images
16. Count

4. Single-Sample Experimental Protocol:

1. Obtain 600 μL of cells at 3×10^6 cells/ml
2. Centrifuge cells for 5 minutes at 1200 rpm.
3. Decant media and resuspend cells in 610 μL of ROS buffer (component I)
4. Add 2 μL of Total ROS Green **stock solution** (from step 2.1)
5. Incubate for 1 hr at 37°C
6. After 1 hr incubation either treat cells with desired compound or load sample
7. Pipette 50 μl of the sample into the loading well of the Cellaca plate
8. Select the appropriate assay type for ROS assay
9. Preview bright field and fluorescent images
10. Count

5. Generation of Single-Sample Positive Control:

1. Prepare *tert*-Butyl hydroperoxide solution (TBHP 70X) working solution by adding 2 μL TBHP stock solution to 5 mL of Water (this makes a 2.9 mM working solution)
2. Obtain 600 μL of cells at 3×10^6 cells/ml
3. Centrifuge cells for 5 minutes at 1200 rpm.
4. Decant media and resuspend cells in 362 μL of ROS buffer (component I)
5. Add 2 μL of Total ROS Green **stock solution** (from step 2.1)
6. Incubate for 1 hr at 37°C
7. After incubation add 21 μL of 2.9 mM TBHP to induce ROS.
 - a. Final TBHP concentration is 100 μM
 - b. Need to add 5.3 μL of 2.9 mM TBHP to 150 μL cells (tube A, step 9 for multi-sample protocol)
8. Incubate for 30 minutes at 37°C
9. Pipette 50 μl of the sample into the loading well of the Cellaca plate
10. Select the appropriate assay type for ROS assay
11. Preview bright field and fluorescent images
12. Count

Storage and Handling

Store the Cell Fitness Panel components at the correct designated temperatures. Refrigerated samples store between 2°-8°C. Freezer samples store between -16° to -24°C protected from light. AVOID REPEATED FREEZE THAW CYCLES. Please consult the Safety Data Sheet for more safety information, found on www.nexcelom.com/Products.

Warranty

This product is for RESEARCH USE ONLY and is not approved for diagnostic or therapeutic use. Product is warranted to meet the specifications outlined in the Certificate of Analysis when stored and used according to the manufacturer's instructions. No other warranty, expressed or implied (such as merchantability, fitness for a particular purpose, or non-infringement) is granted. Warranty is valid until the expiration date stated on the product label. If no expiration is listed, the warranty is valid for 6 months from the date of product receipt.

Warranty will be void if product is stored incorrectly, the recommended protocol is not followed, or the product is used for a different application.

Ordering Information

When ordering with a Purchase Order:

Fax a copy of the order to 978-327-5341

Email a copy of the order to sales@nexcelom.com

When ordering with a Credit Card:

Visit www.shop.nexcelom.com and place your order